

tenshin shoden katori shinto ryu kajo. itsutsu no tachi

kiri komi



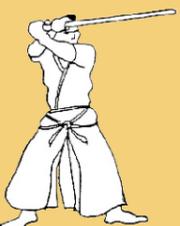
seigan no kamae

Take **seigan**, 2 steps back, tweak the blade, **machiuchi** 2 times, 2 steps forward, left foot steps close to right heel, **tsuki** to throat.



migi gedan no kamae

Step right foot, **machiuchi** and strike men, immediately go back to make **migi gedan**.

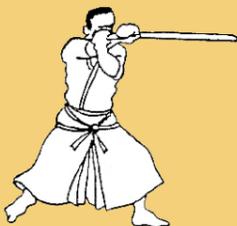


kogasumi no kamae



jodan no kamae

Block men with **kogasumi**, left foot pulls back to avoid strike to the left waist. From **jodan** strike the sword.



ogasumi no kamae

Left foot makes a big step, turn the blade over and cut **kesagiri** through the **kote** to make **ogasumi**.



chidari gedan no kamae

Move back into **chidari gedan no kamae**. Left foot moves to the left side, cover the head with the sword to avoid men. Right foot advances to strike men, move back and kneel, **suwari gedan**.



to ori no kamae

Block men with **to ori no kamae**, left foot turns to the right rear, stand up cutting the left **do**.



in no kamae

Left foot steps forward and from below **uke** sword, turn the blade over and cut for the right side of the neck. Move back into **in no kamae**.

Pull left foot back to avoid cut to **kubi** lowering blade to the right side. Left foot steps to the left side and from below cut up for **kote** but deep enough for the tip to be pointing at the throat. Sword is lifted to a right shoulder **machiuchi**. Pull the right foot in to the left and twist the hips. Launch an attack with the right foot forward, cutting **kesa** to **uke tachi's** left shoulder down to his centre. While cutting, the left knee is folded as you land in **iai goshi**. stop and watch, **zanshin**.

uke tachi



seigan no kamae

Take **seigan**, advance 2 steps, **in no kamae**, watch the **machiuchi**, 2 steps back, and don't move during the thrust to the throat.



in no kamae

Right foot steps back to the right diagonal then left foot steps a little to the right side, deflect with the sword's ridge line to block men, left foot steps to the front and thrust at the solar plexus.

Right foot steps and strikes **men**, right foot advances a little to the right diagonal front to strike the left **do**.

Pull the right foot back in a big move to escape, keeping control of **kiri komi's** blade and controlling it, pass through **in no kamae** without a pause.

Left foot advances a little to the right and cut **kote**. **Machiuchi men**. Left foot to the left receiving the men with **te ura**. Rotate to the right watching for a **tsuki** and step left foot forward to cut **men**.



te ura no kamae

Left foot steps, from **te ura** (guard against **tsuki**) strike **men**. Left foot pulls back and blocks the strike to **do**.

Right foot pulls back; turn the blade over blocking the cut to **kubi**. Go back into **in no kamae**.



in no kamae

Left foot steps a little to the right side. Right foot to the right diagonal front and cut the left side of the neck. Lift the right hand away to avoid **kote**. Step back into **gedan no kamae**. watch partner **Zanshin**, (where there is no room to go back, block with the sword).



migi gedan no kamae