



**HAKUHO**  
DAITO RYU AIKI JUJUTSU

# Hidden Mokuroku Secret Catalogue





**HAKUHO**  
**DAITO RYU AIKI JUJUTSU**

## **IKAJO**

### **IDORI**

#### **Sitting Techniques**

1. Ippon dori (one point take)	Shomen Uchi (downward strike)
2. Gyaku Ude Dori (reverse arm take)	Katate Mune Dori (single grab to lapel)
3. Hiji Gaeshi (elbow turn)	Tsuki (punch)
4. Kuruma Daoshi (wheel drop)	Yokomen Uchi (diagonal strike)
5. Shibori Gaeshi (wringing turn)	Emon Jime (cross strangle)
6. Daki Jime (hugging tightly)	Emon Jime (cross strangle)
7. Karame Nage (entangle throw)	Mune Dori Shomen Uchi (single grab to lapel & downward strike)
8. Kote Gaeshi (wrist turn)	Ryote Dori (double grab to wrists and pull)
9. Nukite Dori (pulling out hand take)	Ryote Dori (double grab to wrists and hold)
10. Hiza Jime (knee hugging)	Ryote Dori (double grab to wrists and push)

### **HANZA HANDACHI**

#### **Sitting Techniques Applied to Standing Attacker**

11. Hanmi Nage (half body throw)	Migi Te Dori (left hand grab to right wrist and pull)
12. Ura Otoshi (rear drop)	Hidari Te Dori (right hand grab to left wrist and push)
13. Izori (bend backwards)	Ryote Dori (double grab to wrists and push)
14. Kata Otoshi (shoulder drop)	Kubi Jime (right hand around the neck)
15. Irimi Nage (entering throw)	Ryote Dori (double grab to wrists and pull)

### **TACHIAI**

#### **Standing Techniques**

16. Ippon Dori (one point take)	Shomen Uchi (downward strike)
17. Kuruma Daoshi (wheel drop)	Yokomen Uchi (diagonal strike)
18. Gyaku Ude Dori (reverse arm take)	Katate Mune Dori (single grab to lapel)
19. Koshi Guruma (hip wheel)	Emon Jime (cross strangle)
20. Karame Nage (entangle throw)	Mune Dori Shomen Uchi (single grab to lapel & downward strike)
21. Ura Otoshi (rear drop)	Katate Sode Dori (single grab to sleeve and pull)
22. Obi Otoshi (belt drop)	Emon Jime (cross strangle)
23. Kiri Gaeshi (cutting turn)	Ryo Sode Dori (grab to both sleeves)
24. Kote Gaeshi (wrist turn)	Ryote Dori (double grab to wrists and pull)
25. Shi Ho Nage (four directional throw)	Ryote Dori (double grab to wrists and hold)

### **USHIRO DORI**

#### **Rear Techniques**

26. Tachi Eri Dori (standing collar take)	Katate Tachi Eri Dori (single grab to collar)
27. Ryo Kata Hineri (double shoulder twist)	Ryo Kata Dori (double grab to shoulders)
28. Ryo Hiji Gaeshi (double elbow turn)	Ryo Hiji Dori (double grab to elbows)
29. Daki Jime Dori (hugging take)	Daki Jime (grab around waist)
30. Kata Otoshi (shoulder drop)	Kubi Jime (right grab around neck)





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## **NIKAJO**

### **IDORI**

#### **Sitting Techniques**

1. Kote Zume (wrist trap)	Shomen Uchi (downward strike)
2. Gyaku Tasuki (reverse Tasuki)	Shomen Uchi (downward strike)
3. Hiji Kujiki (elbow sprain)	Yokomen Uchi (diagonal strike)
4. Ko ba Gaeshi (leaf turn)	Take Te (no attack)
5. Shuto Zume (sword hand trap)	Katate Dori (single grab to sleeve/block punch)
6. Kubi Hineri (neck twist)	Emon Jime (cross strangle)
7. Kote Gaeshi (wrist turn)	Katate Sode Dori/Uke (single grab to sleeve/block punch)
8. Kata Ha Dori (single wing take)	Tsuki (punch)
9. Kamate Zume (sickle hand sprain)	Tsuki (punch)
10. Gyaku Gote (reverse wrist)	Katate Mune Dori/Uke (single grab to lapel/block punch)

### **HANZA HANDACHI**

#### **Sitting Techniques Applied to Standing Attacker**

11. Shuto Zume (sword hand trap)	Migi Te Dori (left hand grab to right wrist/pull)
12. Kote Gaeshi (wrist turn)	Sokumen Uchi (right hand stab to left side)
13. Susou Dori (hem take)	Shomen Uchi (downward strike with a sword)
14. Hiji Kujiki (elbow sprain)	Katate Tachi Eri Dori (from rear: right hand grab to collar)
15. Irimi Zume (entering trap)	Katate Dori (right hand grab to left wrist/pull)

### **TACHIAI**

#### **Standing Techniques**

16. Gyaku Tasuki (reverse Tasuki)	Shomen Uchi (downward strike)
17. Hiji Otoshi (pulling drop)	Yokomen Uchi (diagonal strike)
18. Kubi Nage (neck twist)	Katate Sode Dori (single grab to sleeve)
19. Su So Barai	Katate Sode Dori (single grab to sleeve)
20. Seoi Nage (carrying on the back throw)	Emon Jime (cross strangle)
21. Shuto Zume (sword hand trap)	Katate Dori (single grab to opposite wrist)
22. Kata Guruma (shoulder wheel)	Shomen Uchi (downward strike)
23. Kote Gaeshi (wrist turn)	Shomen Uchi (downward strike)
24. Koshi Guruma (hip wheel)	Yokomen Uchi (diagonal strike)
25. Sei Kujiki (back sprain)	Emon Jime (cross strangle)

### **USHIRO DORI**

#### **Rear Techniques**

26. Tsuki Daoshi (thrusting drop)	Katate Tachi Eri Dori (single grab to collar)
27. Tsukuri Nage (scooping drop)	Ryo Hiji Dori (double grab to elbows)
28. Gyaku Gote (reverse wrist)	Kata Ha Gake (grab around neck/hold arm)
29. Kubi Nage (neck throw)	Haga Jime (grab around neck from under arms: full nelson)
30. Hiji Kujiki (elbow sprain)	Ryo Sode Dori (double grab to sleeves rear)





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## **SANKAJO**

### **IDORI**

#### Sitting Techniques

1. Tsuru Otoshi (fishing drop)	Shomen Uchi (downward strike)
2. Te Makura (hand pillow)	Yokomen Uchi (diagonal strike)
3. Soto Gote (outside wrist)	Katate Mune Dori (single grab to lapel)
4. Maki Zume (winding trap)	Shomen Uchi (downward strike)
5. Kobushi Gaeshi (fist turn)	Tsuki Age (upward punch)
6. Kakae Kujiki (carrying sprain)	Tsuki (punch)
7. Karame Zume (entangled trap)	Mune Dori Shomen Uchi (single grab to lapel and downward strike)
8. Kiri Ha (cutting wing)	Kake Te (no attack)
9. Uchi Ude Gaeshi (inside arm turn)	Tsuki (punch)
10. Gaesho Dori (praying take)	Ryote Dori (double grab to wrists)

### **HANZA HANDACHI**

#### Sitting Techniques Applied to Standing Attacker

11. Maki Zume (winding trap)	Katate Dori (single grab to opposite wrist)
12. Hiji Kujiki (elbow sprain)	Sokumen Uchi (right hand stab to left side)
13. Ashi Jime (leg hug)	Shomen Uchi (downward strike with sword)
14. Kata Ha Dori (single wing take)	Kata Ha Gake (grab around neck and hold arm)
15. Waki Zume (side trap)	Mune Dori (single grab to lapel)

### **TACHIAI**

#### Standing Techniques

16. Tsuru Otoshi (fishing drop)	Shomen Uchi (downward strike)
17. Soto Gote (outside wrist)	Katate Mune Dori (single grab to lapel)
18. Maki Zume (winding trap)	Shomen Uchi (downward strike)
19. Waki Zume (side trap)	Katate Dori (single grab to opposite wrist)
20. Ganseki Otoshi (rock drop)	Ryote Dori (double grab to wrist)
21. Kubi Wa (neck ring)	Tsuki (punch)
22. Uchi Ude Gaeshi (inside arm turn)	Tsuki (punch)
23. Shichiri Biki (seven mile pull)	Katate Dori (single grab to opposite wrist)
24. Ippon Katsugi (one point carry)	Katate Dori (single grab to opposite wrist)
25. Shiho Nage (four direction throw)	Yokomen Uchi (diagonal strike)

### **USHIRO DORI**

#### Rear Techniques

26. Maki Zume Otoshi (winding trap drop)	Ryote Dori (double grab to wrist)
27. Ude Gaeshi (arm turn)	Ryote Dori (double grab to wrist)
28. Waki Garame (side entanglement)	Katae Tachi Eri Dori (single grab to collar)
29. Kiri Ha (cutting wing)	Daki Komi (hold)
30. Kata Ude Nage (single arm throw)	Morote Dori (double grab to right wrist)





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## **SHIKAJO**

1. Ura Gote (Rear Wrist)	Shomen Uchi (Downward Strike)
2. Uchi Gote (Inside Wrist)	Yokumen Uchi (Diagonal Strike)
3. Kakae Kubi (Hold Neck)	Katate Dori (Single Grab to Opposite Wrist)
4. Te Makura Zume (Hand Pillow Trap)	Yokumen Uchi (Diagonal Strike)
5. Waki Dori (Side Take) – Omote	Shomen Uchi (Downward Strike)
6. Waki Dori (Side Take) – Ura	Yokumen Uchi (Diagonal Strike)
7. Ire Chigai (Missed)	Koshi Obi Dori (Hip Belt Take)
8. Ura Otoshi (Rear Drop)	Katate Dori (Single Grab to Opposite Wrist)
9. Sen Ryu (Dragon in to water)	Katate Dori (Single Grab to Opposite Wrist)
10. Izori (Bend Backwards)	Kake Te (No Attack)
11. Tatsu Maki (Whirlwind)	Ryote Dori (Double Grab to Wrists)
12. Waki Zume Otoshi (Side Trap Drop)	Katate Dori (Single Grab to Opposite Wrist)
13. Gassho Dori (Praying Take) – Omote	Ryote Dori (Double Grab to Wrists)
14. Gyaku Gassho (Reverse Pray) – Ura	Ryote Dori (Double Grab to Wrists)
15. Kasumi Nage (Shading Throw)	Yokumen Uchi (Diagonal Strike)
16. Hadaka Jime (Naked Strangle)	Tsuki (Punch)
17. Duruma Gaeshi (Monk Turn)	Ryo Kata Dori (Double Shoulder Take)





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## **GOKAJO**

1. Maki Komi Kujiki (winding elbow crush)	Tsuki (punch)
2. Koban Gaeshi (coin turn)	Katate Dori (single grab to opposite wrist)
3. Kannuki Zume (locking bar trap)	Ryote Dori (double grab to wrist)
4. Enma (devil)	Tsuki (punch)
5. Shumoku (wooden bell hammer)	Yokomen Uchi (diagonal strike)
6. Taki Otoshi (waterfall)	Katate Dori (single grab to opposite wrist)

