



NINE CIRCLES



HAKUHO KAI

DAITO RYU AIKI JUJUTSU TRAINING SYLABUS

GOKAJO

Technique	Attack
1. Maki Komi Kajiki (Winding Sprain)	Tsuki (Punch/stab to abdomen)
2. Koban Gaeshi (Money Turn)	Kake Te (Single grab to opposite wrist)
3. Kannuki Zume (Bar Trap)	Ryote Dori (double grab to wrists)
4. Enma (Demon??)	Tsuki (Punch/stab to abdomen)
5. Shu Moku (??Temple bell?)	Yokumen Uchi (Diagonal Strike)
6. Taki Otoshi (Waterfall Drop)	Kake Te (Single grab to opposite wrist)